

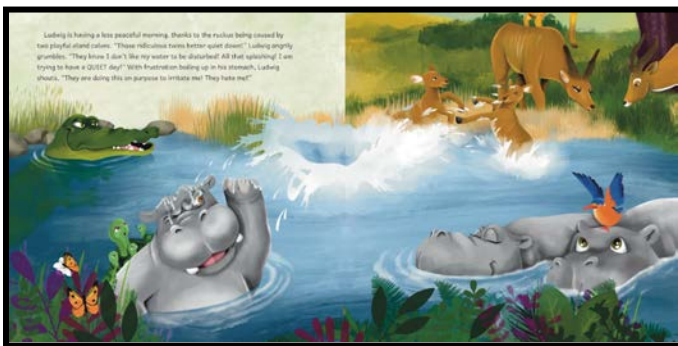
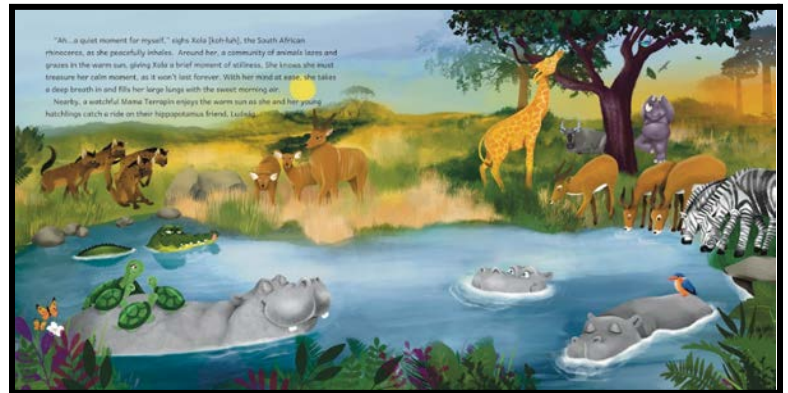
## Insights & Curiosities to Explore

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TeachersPayTeachers for  
 complete lessons:

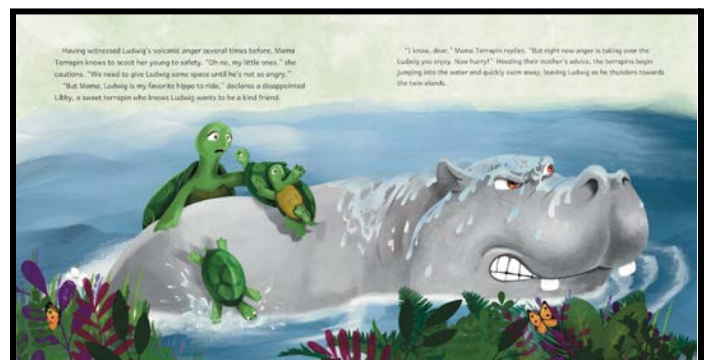


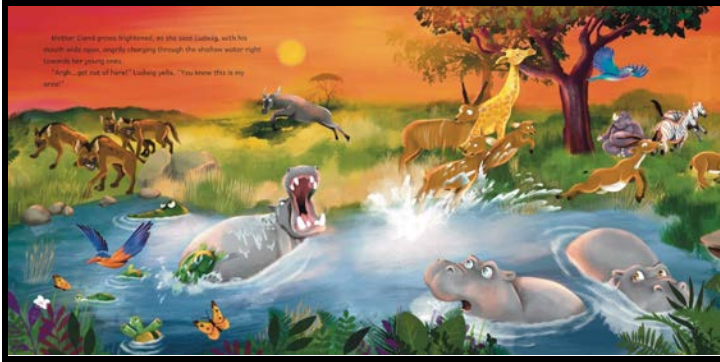
- South Africa is a stunning country but paradoxically has been marked with a painful history of apartheid and racism.
- Through the struggles many remarkable individuals lead with kindness and forgiveness. Both Archbishop Desmond Tutu & former President Nelson Mandela are native to this area of the country in the Xhosa Tribe. Xola, Xhosa for “peace,” is to honor Nelson and Tutu.



- Ludwig immediately thinks the elands *hate* him vs *they are disruptive and it isn't personal*.
- This is the moment Ludwig could notice his irritation and take a breath. Possibly move to a different area in the park.
- If it was the splashing that caused Ludwig's emotions, all the animals would have responded with anger. Some notice but don't react.

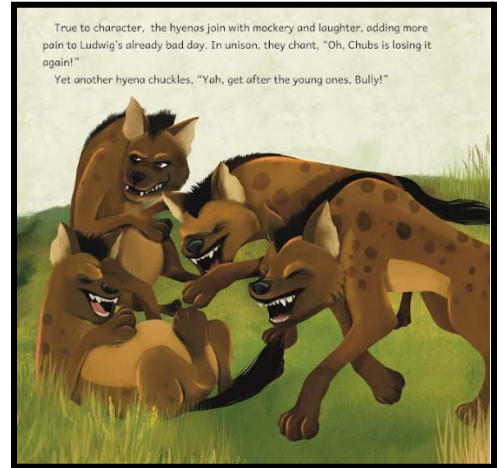
- Mama Terrapin teaches how to leave a situation without putting Ludwig down. She doesn't judge his cloud (bad) moment, yet teaches healthy boundaries.





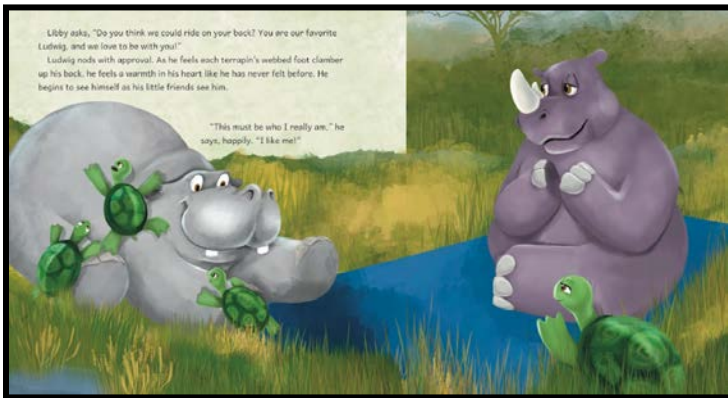
- Check out how Xola notices the chaos, yet stays her authentic self.

- All the hyenas are bullying Ludwig, as they are a group creating a power difference. Laughing with mean comments, includes one in the “mean/bully” behaviors.
- Ludwig’s meltdown doesn’t excuse the mean behavior in the other animals.



True to character, the hyenas join with mockery and laughter, adding more pain to Ludwig’s already bad day. In unison, they chant, “Oh, Chubs is losing it again!”  
Yet another hyena chuckles, “Yah, get after the young ones, Bully!”

- Surrounding yourself with people who support you on your rough days, allows you to support other people on their rough days. Boundaries are key in managing a friendship.



Lily asks, “Do you think we could ride on your back? You are our favorite Ludwig, and we love to be with you!”

Ludwig nods with approval. As he feels each terrapin’s webbed foot clamber up his back, he feels a warmth in his heart like he has never felt before. He begins to see himself as his little friends see him.

“This must be who I really am,” he says, happily. “I like me!”

- Croc & hyenas are missing. When we shift our behaviors, some friendships will also shift. Not all will be happy for your growth. That is okay, though. Focus on who is with you!

